

Congress on Saturday June 18, 2016 in Hotel Houten 'Myofascial pain and dry needling: the ongoing evidence'

- 8.15 - 9.00 a.m. Registration.
- 9.00 - 9.15 a.m. Opening of the congress.
- 9.15 - 10.00 a.m. Dry needling for neurological conditions.
Prof. Dr. César Fernández de las Peñas – Spain.
- 10.00 - 10.45 a.m. EMG activity in the upper trapezius muscle before, during and after dry needling. Kayleigh De Meulemeester PT – Belgium.
- 10.45 - 11.15 a.m. Coffee-tea – please visit our sponsors.
- 11.15 - 12.00 a.m. Dry Needling Alters Trigger Points in the Upper Trapezius Muscle and Reduces Chronic Myofascial Pain. Dr. Jay Shah – USA.
- 12.00 - 12.45 p.m. Pain neuroscience and chronic musculoskeletal pain: Recent developments. Prof. Dr. Jo Nijs – Belgium.
- 12.45 - 13.45 p.m. Lunch.
- 13.45 - 14.30 p.m. Ultrasound guided and cadaveric studies of dry needling.
Prof. Dr. César Fernández de las Peñas – Spain.
- 14.30 – 15.15 p.m. Current advances in myofascial neck shoulder pain.
Prof. Dr. Barbara Cagnie – Belgium.
- 15.15 - 15.45 p.m. Coffee-tea – please visit our sponsors.
- 15.45 - 16.30 p.m. The subacromial impingement syndrome: sense or nonsense?
Dr. Carel Bron – The Netherlands.
- 16.30 - 17.15 p.m. Current concepts in clinical reasoning for MTrPs: considering pain mechanisms and motor control deficits. Enrique LLuch PT – Spain.
- 17.15 - 17.45 p.m. Panel discussion and question period.
- 17.45 - 18.00 p.m. Closure of the congress.

There will be two interesting workshops on Friday night June 17:

'Clinical Reasoning for Identification of Trigger Points in Headache' by Prof. Dr. César Fernández de las Peñas and 'Chronic Myofascial Pain and Spinal Segmental Sensitization: Integrating Pain Mechanisms with Objective Physical Findings and Treatment Strategies' by Dr. Jay Shah.

Please join us in Hotel Houten - ☺ - www.dryneedling.nl